

**TEXAS NURSES ASSOCIATION, DISTRICT FOUR'S MAY  
GENERAL MEMBERSHIP MEETING**

**THURSDAY, MAY 13, 2010**  
**5:00 PM – 6:30 PM**

**VISITING NURSE ASSOCIATION OF TEXAS  
HAGGERTY CENTER COMMUNITY ROOM  
1440 WEST MOCKINGBIRD LANE  
DALLAS, TEXAS 75247**

**TOPIC:** “The Ethics of Artificial Nutrition and Hydration  
At End of Life”

**FEATURING:** **Cindy Allen, RN, AD, CHPN, Director of Hospice, Visiting  
Nurse Association of Texas, Dallas, Texas**

**At the completion of this activity**, the learner will be able to: 1) Discuss various cases with respect to artificial nutrition and hydration in a nursing facility; 2) Identify signs and symptoms of dehydration; 3) Describe patient factors verses healthcare provider factors with respect to artificial nutrition/hydration; 4) Discuss pros/cons of artificial nutrition/hydration; 5) Discuss/dispel myths about tube feedings/IV fluids; 6) Illustrate elements involved in determining patient and family goals of care at end of life; and 7) Identify protocols to discuss artificial nutrition and hydration at end of life.

1.0 contact hours will be awarded to participants who attend the entire presentation. Texas Nurses Association, District Four is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission of Accreditation.

**Meeting space, refreshments, and complimentary parking generously provided by  
Visiting Nurse Association of Texas, Dallas, Texas**

For additional information, contact TNA, D-4 by email [d4tna@flash.net](mailto:d4tna@flash.net) or phone 214/282-7832.

**Note: The author (s)/presenter (s) and all planning committee members declare no real or perceived conflict of interest, any financial relationships, or commercial interest that relates to this educational activity.**

**The 2010, TNA, D-4 Ballot will be presented to the Membership for approval by Nominating Chair, Anita J. Coyle at which time Nominations from the Floor will be accepted. Offices open are: President-Elect, Vice President, Board of Directors (4), and the 2010 Nominating Committee (5)**

